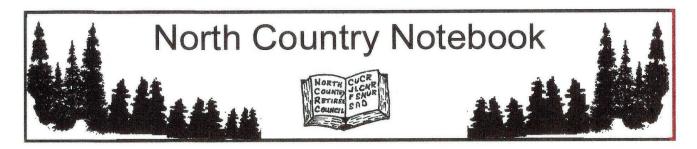
November 2022 NYSUT Retiree Council 9 Newsletter

The North Country Retiree Council (RC) 9 & Sub-Councils

Champlain Valley Council of Retirees, Franklin-St. Lawrence NYSUT United Retirees, Jefferson-Lewis Council of NYSUT Retirees, & Southern Adirondack District

<u>Which Sub-council do you belong to?</u> These are based upon where the district you retired from was located. The JLCNR area is Jefferson-Lewis retirees, the FSNUR is Franklin- St. Lawrence, CVCR is Champlain Valley, and SAD indicates Southern Adirondack District.



Fellow Members of RC 9,

Once again it is time to send out another newsletter to keep all of you informed and up-to-date on events across RC 9. I'm sure the 2022 election is on many of your minds, check the NYSUT website for NYSUT endorsed candidates.

On the idea of elections next spring- we will be holding an RC 9 meeting to elect officers and delegates for the next three-year term. I know that RC 9 is a large geographic area, seven counties in all, but the NYSUT office in Potsdam appears to be our best central location to get members together. Hopefully many of you will join us, more information to come in next spring's newsletter.

Membership in RC 9 has been growing this year, both FSNUR and SAD have begun to host events again while both JLCNR and CVCR continue to hold regular luncheons and meetings. I want to remind all of you that if you move or change your email address to please send that

information to me and to go online to the membership website part of NYSUT.org to update your information.

This year RC 9 has begun to work on a website (rc9.ny.aft.org) that you should check out for upcoming events and information. Many thanks to Ruth Shippee and Cheryl Smith with the assistance from Carole Ashebridge on this endeavor.

At our meeting last week at the Saranac Hotel, we had a presentation on the Road Scholar travel program. In the past organizing group trips either locally or out of state has met with mixed reviews. This particular travel program appears to be very popular with retirees in RC 10. Is there anyone out there who would be interested in finding out more about this? If you are, let me or Ruth Shippee know, and we will put you in touch with the representative from RC 10. Lastly, have a safe and healthy winter, I will be in touch with all of you again in our upcoming newsletters for 2023.

Lynn Hunneyman, President of RC 9

RETIREE COUNCIL (RC) 9 NYSUTRC9@GMAIL.COM

http://rc9.ny.aft.org/

RC 9 Officers:

President: Lynn Hunneyman lhunney@twcny.rr.com

Vice President: Rod Sherman <u>rsherman@westelcom.com</u>

Treasurer: John Clancy retired22@charter.net Secretary: Open NySUT Delegates: Lynn Hunneyman, Rod Sherman, Joe Vernon Alternates: Rick Morris, Nan Scinta

RC 9 Website: Cheryl Smith

SUB-COUNCILS:

CVCR Co-President: Carlos Madan & Gary VanCour cvcr.ny@gmail.com

JLNRC Webmaster https://www.jlcnr-rc9.org// Carole Ashbridge cashbridge@zoominternet.net

NYSUT Retiree Services Consultant (RSC):

Ruth Hargrave Shippee 518-321-8676 <u>ruth.shippee@nysut.org</u>



PLEASE NOTE: many retirees receive mailings from an organization called Retired Educators of New York (RENY). <u>THIS IS NOT OUR UNION!</u> That is an independent organization that offers some benefits and membership at **COST**.

We are NEW YORK STATE UNITED TEACHERS (and SRP's) NYSUT and you are a MEMBER FOR LIFE!

Updating Your Contact Information:

Make sure that Retiree Council 9 has your up-to-date information: address, phone number and email. If you don't let us know, we can't get materials to you. We let NYSUT know also when there is a change. Did you get this newsletter via email? We can send it to you quicker than snail mail so make sure you email us at nysutrc9@gmail.com to ensure we have it o and can send you the latest.

SUB-COUNCIL EVENTS:

Please make note of these events and meetings. Make sure to note the <u>RSVP dates and methods</u>. If you are interested in an event that is "not in your sub-council" you are welcome to join, just RSVP as indicated. Events will also be listed at http://rc9.ny.aft.org/

Stay tuned on the website and via emails for virtual events and trainings during the upcoming winter months.

CVCR- Champlain Valley Council of Retirees

CVCR meets monthly on the following dates at MHAB FRESH 14 Dormitory Drive on the former PAFB (new base) in Plattsburgh. We hold a short meeting then enjoy lunch which is priced at \$17/person. Following lunch, we have a short presentation on various topics of interest. Emails will be sent out with an electronic RSVP each month or call Candi Besaw (518-825-0730/800-464-7227) or (candi.besaw@nysut.org) at the Plattsburgh NYSUT office the Thursday before each luncheon. You can also email cvcr.ny@gmail.com

2022-2023 School year dates are:

November 14, 2022 (RSVP by 11/10/22) February 13, 2023 (RSVP by 2/9/23)

May 8, 2023 (RSVP by 5/4/23)

December 12, 2022 (RSVP by 12/0/22) March 13, 2023 (RSVP by 3/9/23) June 12, 2023 (RSVP by 6/8/23)

January 9, 2023 (RSVP by 1/5/23) April 10, 2023 (RSVP by 3/6/23)

FSNUR-Franklin St. Lawrence NYSUT UUP Retirees

Meet ups have been arranged so we can get together and see what everyone has been up to. Stay tuned for and check website for events. Tuesday, December 13 @10 am Silas Wright House at St. Lawrence Historical Assoc. Canton RSVP by December 9. Another event that is being planned is a Cross Country ski day in February at Higley Flow-watch for updates **RSVPs are to Charmaine Calhoun 315-265-2160 or email at fsnurrc9@gmail.com for FSNUR events**

JLCNR- Jefferson Lewis Council of NYSUT Retirees

The Executive Board will be meeting and sending out notices of upcoming events.

Southern Adirondack District (SAD)

December 15 @10 am Chapman Museum Glens Falls Come enjoy this historical museum-you can bring grandchildren also; there is a scavenger hunt for one of the galleries that will be supplied for anyone interested. For groups, admission is a suggested donation of \$3/person and children under 12 are free. RSVP by December 13

To RSVP for SAD events, email SADrc9@gmail.com or call NYSUT CDRO office and inform Christina Gasner or Chakerra Arrington at 518-783-7977



RC 9 IS HIRING!



RC 9 is looking for a person who would be able to take materials given to him/her and format into our newsletter four times a year. There is training available so person would know basic requirements. Ability to use Word or Publisher is necessary. Each edition takes approximately 4 hours to format. Contact nysutrc9@gmail.com if interested. Stipend is available.



Volunteer to help an adult with literacy skills with Literacy of Northern New York

Literacy of Northern NY offers an *online version of its Tutor Training Course* for volunteers. The training is offered for reading, math, and ELL (English language learner) tutors. The training is open to **Jefferson and Lewis County residents**. www.literacynny.org For Jefferson County call 315-782-4270 or Lewis County 315-376-8188 or email **program.manager.literacynny@gmail.com** If you are interested and would like more information, please contact the office in your county.

FLORIDA SNOWBIRDS (OR TRANSPLANTS)

Did you know that there is a NYSUT Retiree Council #43? It consists of 10 units throughout the state that will "Welcome You" to be a participant while in the Sunshine State.

For information contact: RC President Felicia Bruce or visit http://rc43.aft.org

RC 9 and Sub-Councils Highlights























RC 9: Framing our great RC 9 retirees at our regional conference at the Hotel Saranac, CVCR: Past Co-Chair of CVCR, Rod Sherman, introducing and thanking Assemblyman Billy Jones for co-sponsoring the bill to protect retired teachers' post-employment rights. Assemblyman Jones briefly spoke with the attendees regarding other issues regarding educators and our schools, answering several questions that were asked., SAD: Several gathered for presentation on Medicare options. Many questions were answered and more to explore! William LaDuke, one of the RC 9 representatives on RAC of NYSUT: voicing our concerns., RC 9: More retirees framed continuing to learn at our Fall Conference, Mike Montigelli, also representing RC 9 at RAC, JLCNR: Fall Luncheon at Tug Hill Winery had several candidates including Matt Castelli speak, RC 9: Everyone getting into the act at the Regional Conference, RC9: At our fall regional conference in Saranac Lake, RC 9 VP Rod Sherman, NYSUT 2nd VP Ron Gross, and RC 9 President Lynn Hunneyman, FSNUR: Visit to Akwesasne Museum FSNUR: Enjoying lunch at the Lobster House

Life is complicated. NYSUT Member Benefits can help.



The Peer Support
Line is a new service
available through
NYSUT Member
Benefits that's
offered at no cost to
all NYSUT members
and their families.



The Peer Support Line can help with:

- Finding mental health services or support groups
- Answering questions about Medicare and Medicaid
- Managing work-related stress
- Providing support to new members
- Sourcing elder care or caregiving services
- Assisting with marital, relationship or child rearing concerns
- Reducing feelings of isolation and loneliness

The Peer Support Line is a partnership between NYSUT Member Benefits and Rutgers University Behavioral Health Care.

For more information or assistance, call toll-free 844-444-0152.

Nov/Dec 2022

Check for events, registration materials, & Membership forms @ http://rc9.ny.aft.org/

Save the date: Spring Conference May 22 or 23 in Watertown