



The North Country Retiree Council (RC) 9 & Sub-Councils August 2023 Newsletter

Champlain Valley Council of Retirees, Franklin-St. Lawrence NYSUT United Retirees,
Jefferson-Lewis Council of NYSUT Retirees, & Southern Adirondack District

Which Sub-council do you belong to? These are based upon where the district you retired from was located. A retiree may join a sub-council where they now live if more convenient. (And if you like an activity in another sub-council, sign up!)

RETIREE COUNCIL (RC) 9 NYSUTRC9@GMAIL.COM

<http://rc9.ny.aft.org/>

RC 9 Officers: *President:* Lynn Hunneyman lhunney@twcnr.org *Vice President:* Rod Sherman rsherman@westelcom.com
Treasurer: Rick Morris *Secretary:* Robin Duncan *RC 9 Website:* **OPEN VOLUNTEER POSITION**
Newsletter Editor: Phillis Walrath philliswalrath@gmail.com
NYSUT Delegates: Rick Morris, Rod Sherman, Joe Vernon *Alternates:* Tony Fiacco, Nan Scinta

SUB COUNCILS

CVCR Co-Chairs: Carlos Madan & Gary VanCour cvcn.ny@gmail.com *FSNUR:* FSNURRC9@gmail.com
SANR: sanrrc9@gmail.com *Jeff-Lewis CNR President:* Lynn Hunneyman lhunney@twcnr.org jlcnrcc9@gmail.com
JLNRC Webmaster: <https://www.jlcnr-rc9.org/> *Carole Ashbridge:* cashbridge@zoominternet.net
NYSUT Retiree Services Consultant (RSC): Ruth Hargrave Shippee 518-321-8676 ruth.shippee@nysut.org

PRESIDENT'S REPORT

Summer 2023

Even though it is mid-summer here in the North Country, it is time to start thinking about upcoming fall activities for RC 9. There is a second Mini Conference scheduled for September 19th at the Malone Golf Course. Hopefully many of you will be able to join us for the day to take part in the latest developments for retirees. CVCR will start their monthly meetings and luncheons in September. JLCNR has its annual Fall Luncheon at the now named Tug Hill Estate on October 11th. It is always a good time for a drive to Lewis County to take in the fall colors with a stop along the way at the Burrville Cider Mill. October meetings and luncheons for both FSNUR (October 23 at the Lobster House in Norwood) and SANR will be held.

Our campaign will continue to reach out to recent and not so recent retirees to join RC 9. We need your support to continue to build our organization and NYSUT statewide. Legislative efforts will be continuing to fight Tier 6 and its damaging effects on recruiting new teachers to the classroom. *Requiring new teachers to teach until age 63 despite all the new obstacles in education today seems counterproductive to the overall success of our public schools.* Many of our former locals are still trying to move past the effects of the lost years due to COVID. Teachers are either retiring early or just leaving the profession altogether rather than fight all the new requirements and problems in the classroom. ***Our active teachers need the support of retirees to fix or undo recent developments.*** Many retirees continue to substitute in the classroom or find other ways to help their former locals. All of this leads to NYSUT's recent logo about "Union for Life." Even though we have retired, supporting our former locals and colleagues is far too important to ignore. I will continue on your behalf to attend meetings across RC 9 as well as the state and look forward to your input and ideas in that effort.



Lynn C Hunneyman, President of RC 9 and JLCNR

SUB-COUNCIL EVENTS:

Check out what is happening across Retiree Council 9. Events are open to all RC members- even if event is in another sub council. Events will be listed at <http://rc9.ny.aft.org/>

CVCR

Our monthly meetings/luncheons/speakers at MHAB Fresh Dormitory Drive Plattsburgh will kick off on **September 11**. You will receive an email with details on how to sign up. The rest of the dates for the year are October 9, 2023, November 13, 2023, December 11, 2023, January 8, 2024, February 12, 2024, March 11, 2024, April 8, 2024, May 13, 2024, June 10, 2024.

JLCNR- Jefferson Lewis Council of NYSUT Retirees

Jefferson Lewis Council of NYSUT Retirees Annual Fall Get Together will be **Wednesday, October 11, 2023** at the **Tug Hill Estate Lowville**. The day will start with a social time at noon, followed by a brief meeting at 12:45 and buffet luncheon at 1:15. The menu is: Tossed Garden Salad, Rolls, Veggie Quiche, Caprese Melt, Chicken Flatbread, Fruit Salad, and for dessert, Crème Brule. the cost is \$32 for members/ \$37 for non-members

Follow this link for form to register or use this QR code (point your smart device and follow link)

<https://drive.google.com/file/d/1hRb06M39jT8nNG6Oc>



[OC4_SYCckR0tf7H/view?usp=sharing](https://drive.google.com/file/d/1hRb06M39jT8nNG6Oc)

Southern Adirondack District (SANR)

Come Join SANR (formerly known as SAD) for our re-scheduled visit to the North Country Underground: Railroad Historical Association. We will meet at 10 am on **Thursday, September 21** at 1131 Mace Chasm Road Ausable Chasm, NY 12911 for a tour of their museum. Following the museum, we will be going to Pleasant

Corner Restaurant in Keeseville for lunch. After lunch you may want to take in Ausable Chasm. Please sign up using this link or QR code by September 14:



<https://forms.gle/rJWJyx73wcGbnp2J9>

FALL LUNCHEON: The retirees in the greater Warren County area will be holding a Fall Luncheon Meeting on October 18 tentatively at the Lake George Holiday Inn. Details are being worked on so please email sanrrc9@gmail.com to make sure we have your contact information. When the date and location are finalized, people will be contacted by email.

FSNUR-Franklin St. Lawrence NYSUT United Retirees

FSNUR- (Franklin-St. Lawrence NYSUT United Retirees) will have our Fall Luncheon Meeting on **Monday, October 23** at the **Lobster House in Norwood**. Registration will begin at 11:15 followed by a meeting. Lunch will be a la carte. After lunch Dr. Shelby Connelly of Five Elements of Living in Colton will give us an overview of the services this center provides. Sign up using this link or use this QR code by October 16! Questions? Call Ruth Shippee 518-321-8676



<https://forms.gle/murFandUdhDAkYhv7>

For completing the interest survey for RC 9, the drawing winner is Phillis Walrath. Thank you to all who completed the survey.

NYSUT REGIONAL CONFERENCE FOR RETIREE COUNCIL 9

September 19, 2023 8:30 – 3:00 Malone Golf Course 79 Golf Course Road Malone, NY
Cost Subsidized by NYSUT

- 8:30 **Registration Opens-** Assorted muffins, coffee, tea, orange juice
- 9:00 **Welcome:** Ruth Shippee, NYSUT Retiree Services Consultant for RC 9 & RC 10
Lynn Hunneyman, RC 9 President, JLCNR President
Don Carlisto, NYSUT Regional Staff Director
Jeannette Stapley, NYSUT ED 9 Board of Director
- 9:20 **Malone Historical Association-**Valerie Simpson Museum Director
Hear about what the Malone Historical Association Museum has to offer. Included in their collections are genealogy records. Learn how you can become involved here (or at your local historical association)
- 10:00 **Break**
- 10:15 **Cornell Cooperative Extension of Clinton County Senior On-line Fitness** Mary P Breyette
Mary Breyette will be joining us to discuss some of the on-line options for Senior Fitness through Cornell Cooperative Extension of Clinton County. During the session we will walk through some of the components and evaluation you will do. The programs focus on Range of Motion: balance, bone building, flexibility and upper and lower body strength. Mary will give us a brief experience of programs offered from the comfort of our conference seats.
- 11:00 **Ron Gross, NYSUT 2nd Vice President** Ron will share initiatives from NYSUT for retirees and the membership in general. This will include programming along with legislative updates. Ron uses this time to not only share how your Union, NYSUT, focuses on retirees but will be asking about issues that as retirees, are important to us.
- Noon **Buffet Lunch:** Roast Beef and Au Jus, Rosemary Chicken over Vegetable Orzo, Roasted Potatoes, Vegetable Medley, Assorted Rolls, Tossed Garden Salad, Dessert: Assorted Cheesecake, and Beverages: Coffee, Ice Water.
- 1:00 **Alzheimer's Association:** 10 Warning Signs of Alzheimer's The Alzheimer's Association will be presenting an educational program to help us recognize common signs of the disease in yourself and others and the next steps to take including how to talk to your doctor.
- 2:00 **What is RC 9?** How to find information about events of the RC and Sub-councils?
- 2:30 **Evaluation and Door Prizes** **There will be a basket to raffle off to benefit NYSUT's Disaster Relief Fund. Many in-service and retirees benefit from this fund when they have fires, flood damage, etc.**



Registration due September 5, 2023

REGISTRATION IS ON-LINE USING CVENT: FOLLOWING THIS LINK TO REGISTER

nysut.cc/RC9-2023

If you do not have access to the internet , call Ruth at 518-321-8676. For those who do not have internet access, please use this form:

ALTERNATE CONFERENCE REGISTRATION FORM

NAME _____ PHONE NUMBER _____
ADDRESS _____ CITY, STATE, ZIP _____
EMAIL _____ New Retiree

____ Place an "X" here if you require any device or any physical or dietary accommodation as provided by the Americans with Disabilities Act. You will be contacted by NYSUT Retiree Services Consultant Ruth Shippee.

If unable to access the internet, complete the above and detach and send along with a \$15 check made out to NYSUT to RC 9 Conference c/o Jodi Kelley NYSUT Watertown Office 513 Washington Street #3 Watertown, NY 13601

REGISTRATION DUE SEPTEMBER 5.

Back to school can mean a lot of different things:

- Starting a new class
- Planning for the future
- Balancing work and family
- Making difficult decisions
- Enjoying your final year before retirement
- Recalling memories of a proud career

On July 17, Tom French led a group who explored the Thousand Island Park on Wellesley Island. We learned the history of this association through our morning walk. After a lunch at the Guzzle, part of the group accepted the challenge of walking the bridge. It was a beautiful day on the St. Lawrence River.

Regardless of what you might be doing this fall, **NYSUT Member Benefits** offers a variety of endorsed programs and services that could help make you as prepared as possible for whatever the new school year may throw at you.

Whether you are looking to save money, protect your family, or plan for the future, **NYSUT Member Benefits** is a great place to start. With dozens of endorsed insurance, legal, financial, shopping, travel, and discount programs, you are certain to find something of interest that could benefit you or your loved ones.

And speaking of savings, the **Member Benefits Discounts & Deals** program utilizes the nation's largest private discount network to offer all NYSUT members (both in-service and retiree) exclusive access to savings of up to 50% at 850,000 locations -- including more than 21,200 New York State deals. If you have not already done so, head over to mbdeals.enjoymydeals.com to create your account with your NYSUT ID number, preferred email address, and password.

You'll then be eligible to save on restaurant dine-in or take-out, flowers and gift baskets, Bose electronics, clothing and shoes, oil changes and vehicle maintenance, sporting events, hotels and flights, car rentals, theme parks, movie tickets, and much more. Members are encouraged to download the MB Discounts & Deals mobile app for the best user experience with this program.

Check out all your union membership has to offer!



Learn more by scanning the QR code to the left, visiting memberbenefits.nysut.org, or calling 800-626-8101.



For information about contractual endorsement arrangements with providers of endorsed programs, please contact NYSUT Member Benefits.



**RC 9 Fall Conference Sept. 19, 2023 at the
 Malone Golf Course. Details inside!
 Register at: nysut.cc/RC9-2023**

-----Cut here and mail with \$20 Participation Fee with RC 9 for 2023-2024 -----

Name: _____ Date of Birth: _____
 Phone (home) _____ (cell) _____
 Address: _____ City: _____ State: _____ Zip code: _____
 E-mail address: _____
 School district retired from: _____ Year Retired: _____
 Check your sub-council: CVCR*(fee to be approved on Sept. 11 meeting) FSNUR JLCNR SANR

Send to: RC 9 Membership c/o NYSUT 513 Washington Street #3 Watertown, NY 13601