

CHAMPLAIN VALLEY COUNCIL OF RETIREES
Minutes November 13, 2023

- I. Call to order -11:07 am. Pledge
- II. Welcome Members and Guests –Rebecca Boire-West our speaker joined us. New Members: Betty Bassett from Beekmantown, and Lori Ducharme from CVES.
- III. Co-Chair Reports
 - Violet: Shared a document from her email on the cheapest groceries. Are they from Sam’s Club, Costco or BJ’s? Generally cheaper at Sam’s.
 - Carlos: Google forms seems to be working well.
- IV. Secretary’s Minutes for October 9, 2023
 - a. Motion to accept: David Kenoyer
 - b. Second: Val Jodoin
 - c. Approved
- V. Treasurer’s Report – Rod Sherman
 - a. Beginning Balance \$15,018.05
 - b. Income \$909.00
 - c. Expenses \$555.72
 - d. Ending Balance \$15,371.33
 - e. Motion to accept: Nona Garrand
 - f. Second: Judy Paquette
 - g. Approved
- VI. Correspondence: Rod Sherman:
 - NYSUT calendars will be mailed next week
 - If you have our Consortium Insurance ignore the Medicare Advantage plans for yourself.
 - Beginning January 1, 2024, CarelonRx Mailorder will be reorganizing as CarelonRx Pharmacy. The migration for us should be complete by July 1, 2024. The purpose is to help our Prescription Benefits Manager (PBM) better handle and include in our formulary both new biosimilar drugs and some of the new Genetic Therapy drugs.
 - Thank you from Food Shelf

VII. Committees

- a. Retiree Assistance – (no chair)
- b. Sunshine – Juanita Stone: nothing
- c. Membership – We have 23 honorary members over 80 that reported to Rod this year and we will pay the \$10 fee to RC9. There are 76 honorary members over 80 that did not report this year so we will not pay \$10 fee for RC9. Questions: Can we send the CVCR Minutes by email to members that do not attend? Can we put a link to the RC9 website and have the minutes posted there? CVCR's website is very basic right now and is where we post the meeting notices.
- d. Nominating: no need at the moment
- e. Scholarship – Vicki Washburn: no report
- f. NCTRC – Vicki Washburn: Next meeting is in January.

VIII. Regional and State Reports

- a. Local Reports –Carlos attended the Beekmantown meeting last week and there is a much more collaborative environment.
- b. NERCTA: Jeannette said that the Consortium Insurance ladies gave a presentation.
- c. RAC (NYSUT Retiree Advisory Committee) – Bill LaDuke:
- December 4 is the first state wide Zoom meeting. Tier 6 and Vote Cope will be highlighted
- d. NYSUT Director Report – Jeanette Stapley: Table Talk meetings on Zoom. Tier 6 campaign is ongoing. The CALM App is free from NYSUT Member Benefits. Find it on NYSUT.org, for members, NYSUT Member benefits, Premium CALM subscription now free to NYSUT Retirees. Jeannette is proposing a draft Resolution Support for Alzheimer's Awareness. Information on Social Security stated on recent presidential debates was incorrect.
- e. Retiree Council #9 – Lynn Hunneyman: Membership numbers are growing. He has posted that there is an RC43 for our members in Florida. Rod and Lynn have been struggling with the Treasury account – who should be on it and getting all the forms signed. We will be using Key Bank for RC-9 and each sub-council since it has facilities all over RC-9. He is working on getting teacher centers back to what they were designed to be and getting funding back to original level.
- f. NYSUT Regional Staff Director –Ruth Shippee- Information on the tables about fixing Tier 6. Consider donating to VOTE-COPE.

Another form on the tables is a pension deduction form for VOTE-COPE. There is a Peer Support Line flyer on the tables. This is a new benefit from NYSUT. On the tables is a flyer for the NYSUT Legal Services Plan.

- g. RC 9 and 10 Retiree Consultant
- IX. Old Business:
- X. New Business
- XI. Other agenda items: Next meeting is scheduled for December 11, 2023
- XII. 50/50 and Food Shelf Report
 - a. 50/50 - \$30 each. Winner was Mary Brassard.
 - b. Food Shelf donation - \$43
- XIII. Grace Before Meal
- XIV. Adjournment at 12: 11 pm
 - a. Motion by: Violet Moesch
 - b. Second by: Judy Paquette
 - c. Approved

LUNCH

Program: Rebecca Boire-West of Adirondack Coast Cycling Without Age,
Adirondackcoast@cyclingwithoutage.com

Respectfully submitted,

Sue Kenoyer